



Solo Trip to Ladakh – Top 10 Important Tips for Solo Travelers

The thought of making a solo trip to Ladakh feels quite enchanting, exciting, filled with full of adventures but at the same time sends the chills down the spine, because of all the uncertainties. Well, many of us want to overcome our fears, we want to come out of the comfort zones and live the life as free as a flying bird within the sublime spirit of adventure in the Himalayas. Let's look at some essential and practical tips for the same.



Plan the flow not the trip

When you plan a solo trip to Ladakh, following a fixed itinerary should be avoided. Traveling to Ladakh in this manner will help you enjoy with whatever time on hand and also be focused on covering the places you planned slightly just worrying on the commute to hop from one place to another and match your day wise Ladakh itinerary plan.



Travel in-season time that is June to September

Public transport and shared taxis work out cheaper on the pocket in this season. Since there are more vehicles on the roads, the chances of hitching a ride are also always open. Also, if you're on a bike, you're more probable to get help, if ever required.



Taxi budget for a solo trip to Ladakh

You will be able to find the shared taxi without much fuss at all in the season time. There are lots of flyers which travelers/tourists put at cafes, restaurants, travel agent whiteboards who want to share the cost of taxis for different trips within Ladakh. These trips include traveling solo to places like Pangong Tso, Nubra Valley or Tso Moriri.



Online Travel Partners for your solo Ladakh Trip?

You can even search for online travel partners for your Ladakh trip to reduce the overall cost of a solo trip to Ladakh. You could use our own DevilOnWheels forum, Couchsurfing, IndiaMike or LonelyPlanet forums to do so.



Keep sharing your plan or whereabouts with family or friends

No matter what, you MUST share your whereabouts and always plan with your family and friends well in advance. If you are traveling solo to Ladakh, it is of utmost importance because you are the only point of contact with them primarily because of the limited communication options.



Travel as light as possible

The more you travel light, the less cumbersome and quick it becomes for you to hop from one commute to another or move around from places without much discomfort, mainly since you'll be depending on shared taxis, public transport or hitchhiking.



Carry a personal ID card, medical care, and emergency contact

Always carry a personal ID card, medical care card, and emergency contact on a solo trip to Ladakh. These documents should be kept somewhere open, easily accessible, maybe as a hanging tag, wallpaper of an unlocked phone or in a wallet or both, so that, in case of an emergency a prompt action can be taken by anyone without any issues.



Mingle and get friendly with the locals

When you travel solo to Ladakh, it is an opportunity to learn more about the local culture and lifestyle. Gelling up with people in Ladakh is more or less comfortable because many people travel solo every year and look forward to meeting new people. Nowhere else in the world you will find more smiling and helpful people as Ladakhis are. Say Julley!



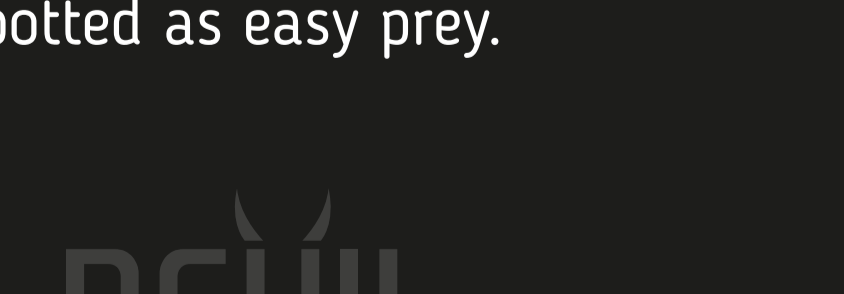
Wisely choose your accommodation & its location

It is essential to keep a tab on accommodation costs as well as ease of accessibility to nearby shops, eating joints and transport options. Choose your places to stay in Ladakh somewhere near the market or where you need to travel less on a day to day basis because, within Leh, there is no public transport.



Travel with confidence and enjoy yourself within limits

Lastly, when you travel solo, enjoy your company to the fullest but always within limits and go with complete confidence so that stalkers do not stalk you or followed upon with uneasy advances spotted as easy prey.



Himalayan Travel Tips

- Have Buffer Days
- Stay Warm & Hydrated
- Avoid Alcohol
- Carry Required Clothing, Food & Water
- Drive with Caution & Care
- Start Early, Sleep Early



#SaveOurHimalayas

- Spread Smiles Not Plastic
- Stop Littering
- Bring Back Your Own Trash
- Avoid Plastic Water Bottles