



Top 12 Tips for Camping in Spiti & Kinnaur

When it comes to camping in Spiti Valley or Kinnaur Valley, it is nothing but a pristine dream. It is trendy among backpackers and solo travelers to Spiti & Kinnaur Valley. Let us see some tips for camping in Kinnaur & Spiti Valley that will help you in the upcoming trip.



Where can I camp in Spiti Valley?

Well, you can pitch your own tents or camps almost anywhere in Spiti Valley. But I will suggest that you pitch them at a place where there are some dhabha tents put up by locals or where other camping guys pitch theirs or somewhere near some local house in the village or in their garden/lawn.



Where can I camp in Kinnaur Valley?

Follow the same advice and pitch your camps nearby local villages or dhabhas unless you are interested in wild camping. Chitkul, Rakcham, Puh, Nako are a few places to choose from, basically any village on the riverside.



DO NOT camp at Chandratul & other sensitive zones

You need to keep in mind that Chandratul Lake is a wetland reserve and camping is not allowed at the lake. It is considered illegal to camp at the banks. You can only camp at the designated camping sites about 1.5 km from Chandratul.



Camp near a water stream and where the wind will hit you less

Firstly, camp in Spiti & Kinnaur at a place which is near some water stream but at the same time, a bit higher from it just in case the water level rises due to inclement weather or flash floods. Make sure you check the site for any past signs of flash floods around it. Secondly, you should choose a camping site where the wind will least hit your camps.



Check overnight weather before camping in Kinnaur & Spiti

If possible check for overnight weather and camp in Spiti or Kinnaur only if you see clear weather. If you are near a village and you see that the weather is not conducive then it is better to stay in a homestay in Spiti. Better be safe than sorry.



Make sure camps are properly fastened

Light rains in Spiti Valley & Kinnaur Valley along with some strong winds can uproot your camps if you do not set up your camps properly. Hence, make sure you properly install all the hooks and fasten the camp properly.



Put off your campfire with zero ambers

If you set up a campfire in Spiti Valley, please ensure that you DO NOT light up at places where there are thatched roofs in the vicinity. Do also ensure that you put the fire off entirely before you leave the campsite guaranteeing there are no ambers left at all.



Stay warm, hydrated & acclimatized

Acclimatization does play a critical role in camping in Spiti Valley too. Manali to Kaza Road is a perfect example, where camping can be done anywhere. But you must prefer it only when traveling from Kaza to Manali at an altitude where AMS does not hit you. Traveling from Kinnaur to Spiti, staying warm and being well hydrated will surely help you acclimatize at a much faster rate.



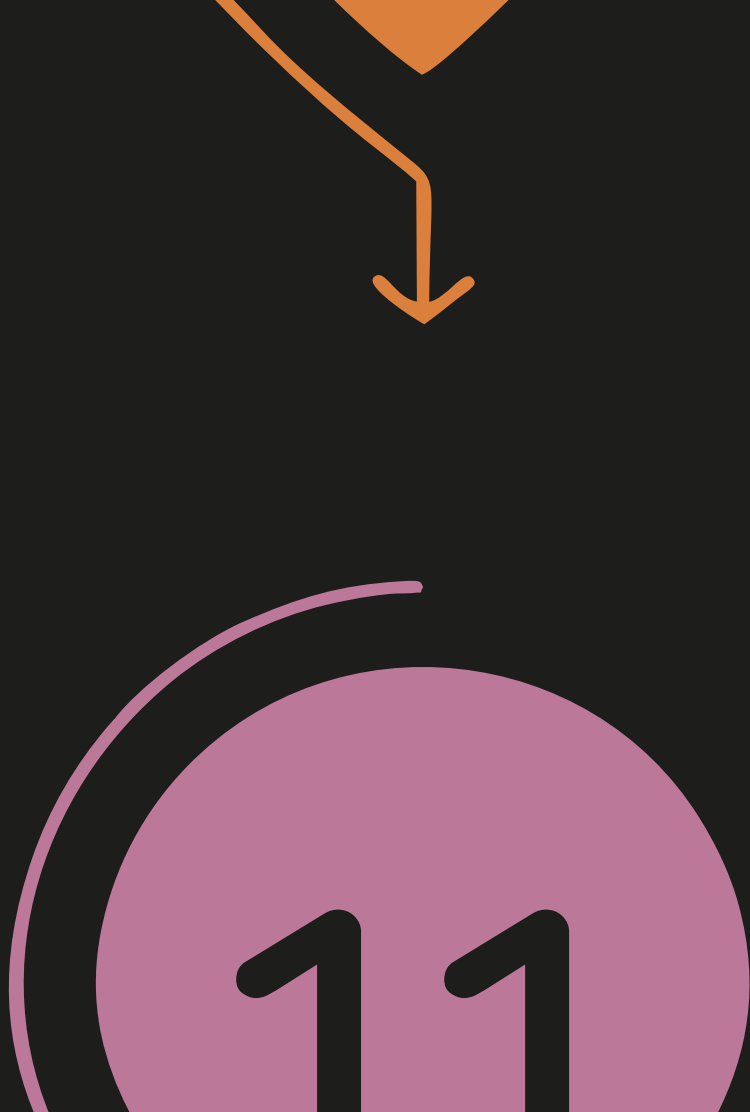
Keep your hands clean and carry a filter water bottle

You should always carry a hand sanitizer with you to keep your hand clean. Similarly, carrying a filter water bottle will keep such infections at distance and allow you to enjoy your camping experience in Spiti and Kinnaur in a worryfree way.



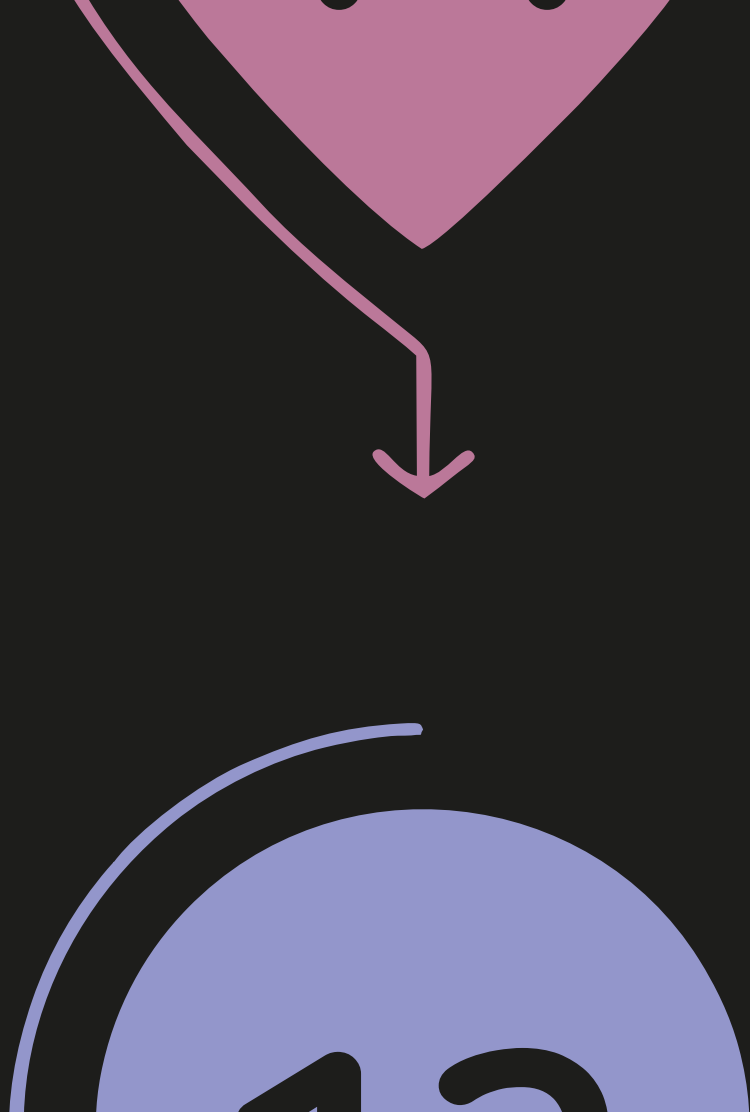
Carry the essentials while camping in Spiti

It is always better to carry first aid, ongoing medicines, a torch, a flint, a camping knife, and mosquito repellent when camping in Spiti & Kinnaur. Not to repeat, you should have enough food with few buffer days, including dry fruits.



Never leave your food open

Open food attracts nearby animals and some can be quite dangerous too like bears and leopards. Hence, you must always keep your food packed in proper sealable packs. You do not want to get in the tussle with some animals in Spiti Valley or any other parts of Kinnaur Valley.



Leave nothing but footprints in Spiti & Kinnaur

Last but not least, PLEASE, NEVER litter in the Himalayas and NEVER disturb flora and fauna up there in the Himalayas. Both Spiti Valley and Kinnaur Valley are eco-sensitive zones and pollution is the last thing we all want to see the end of these majestic places in Himachal Pradesh.

Himalayan Travel Tips

- Have Buffer Days
- Stay Warm & Hydrated
- Avoid Alcohol
- Carry Required Clothing, Food & Water
- Drive with Caution & Care
- Start Early, Sleep Early



#SaveOurHimalayas

- Spread Smiles Not Plastic
- Stop Littering
- Bring Back Your Own Trash
- Avoid Plastic Water Bottles